

## Fabric Flip Flops



### You'll Need:

- ¼ yd Fabric of your Choice
- Scissors
- Flip Flops
- Hot Glue Gun w/Glue Stick
- No-Sew Fabric Glue or Sewing Machine

### Directions:

1. Begin by cutting the bands off of the flip flops.



2. You will need to cut your fabric into 4 pieces. 2 of these pieces need to be 22 inches long and 3-4 inches wide (depends on how wide you want the straps to be). The other 2 pieces need to be 11 inches long and 3-4 inches wide.



3. Fold your fabric strips so that the “pretty side” is on the inside. *Make sure to do a “hot-dog” fold (your fabric should still be 22 inches or 11 inches depending on which piece you have).* You can now proceed in one of two ways. If you have a sewing machine and feel comfortable using it, sew the edges together all along the piece of fabric. If you don’t have a sewing machine or don’t feel comfortable using one, no problem! Just use the No-Sew Fabric Glue and glue the edges of the fabric together.
4. Once you’re done sewing or the glue is dry, turn the strips inside out so the “pretty side” is on the outside now.
5. Take one of the 11”x4” pieces and fold it in half using the “hamburger” fold. Push the fabric through the center hole in the flip flop. Take one of the 22”x4” pieces and pull it through the loop you just made with the smaller strip. Push each end of the long strip into the remaining holes.



6. Fit the straps to your feet by pulling the strips through the holes. Then tie simple knots but make sure that the knots are pulled tight. Trim the knots and use the hot glue gun to put glue in the holes and push the knot tightly into place. Make sure that the fabric strips are loose enough to fall out while you’re walking! You’re done! 😊

